

**OLDER
AMERICANS
MONTH**



**Connect
CREATE
Contribute**

CONNECT, CREATE, CONTRIBUTE MAY 2019

Help Seniors get connected with a trustworthy caregiver and to engage in activities that promote learning, health and personal enrichment. Contribute time, talent and life experiences to benefit others.

**Community Council/Dallas Area Agency on Aging
Metrocare Services**

"Supporting Our Caregivers"

4th Tuesday Seminar

May 28, 2019

9:00 AM – 11:30 AM

**Speakers: Zanda Hilger, LPC Z-Quest
Sonja Mason, LCSW, North Texas Caregiver Support Program**

Topics:

"Eldercare: It Takes a Village"

VA Caregiver Program

Dallas AAA Caregiver Program

Location:

**1341 W. Mockingbird Lane
Conference Center – Concourse
Level
Dallas, TX 75247**

- ❖ Light breakfast
- ❖ Door Prizes
- ❖ Goody Bags

**RSVP
Corina Castro 214-954-4220 or
ccastro@ccadvance.org**

Community Council 
Moving families forward, leaving poverty behind.

**Area Agency
on Aging**
OF DALLAS COUNTY

**CONNECT
TO CARE**
Dallas County's Aging &
Disability Resource Center