

Lenten Calendar 2022

March 2, 2022 - April 16, 2022

Lent, begins on Ash Wednesday and leads up to Easter Sunday. It is seen as a time of observance and preparation for the celebration of the death and resurrection of Jesus. Beginning on Ash Wednesday to the conclusion on Easter Sunday, Lent is a traditional time filled with fasting and/or giving up something – abstaining from food, activities, or events. Let us take this time to remember Jesus' life, death and resurrection.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	1	2	3	4	5
			Challenge: Listen with your heart today. Honor what you gave up for Lent.	Challenge: Give Social Media a Break. Remember and honor what you gave up for Lent	Challenge: Let your tongue be a source of <u>positivism</u> ; No meat or sugar	Challenge: Avoid shopping/unncessary purchases. Eat healthy today
			Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00
			Meditate for 15 Min. James 1:19	Meditate for 15 Min. Matt 7:7-12	Meditate for 15 Min. 1 Peter:3-10	Meditate for 15 Min. Galatians 5:22-23
6	7	8	9	10	11	12
Challenge: Attend worship; Make a call to someone who didn't go to church today	Challenge: Listen with your heart today. Honor what you gave up for Lent.	Challenge: Be a good listener today; Fast from 6AM to 6PM	Challenge: Listen with your heart today. Honor what you gave up for Lent.	Challenge: Commit a random act of kindness	Challenge: Avoid gossip/ arguing/ profanity. Be prayerful.	Challenge: Avoid shopping/unncessary purchases. Honor what you gave up for Lent
Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00
Meditate for 15 Min. 2 Cor 5:17-21	Meditate for 15 Min. John 5:1-16	Meditate for 15 Min. Exo 32:7-14	Meditate for 15 Min. Luke 11:14-23	Meditate for 15 Min. Gen 17:3-9	Meditate for 15 Min. Num 21:4-9	Meditate for 15 Min. Ezek 47:1-9, 12
13	14	15	16	17	18	19
Challenge: Attend worship; perform an anonymous "Act of Kindness"	Challenge: Fast 6am-6pm; exercise 30 minutes. Attend Bible Study	Challenge: Skip lunch; encourage someone. Fast from 6AM to 6PM	Challenge: Fast from 6AM to 6PM; Call a friend; Honor your commitment to Lent	Challenge: Call/visit elderly relative/friend. Give social media a break today	Challenge: Avoid gossip/ arguing/ profanity. Honor your commitment to Lent	Challenge: Avoid shopping/unncessary purchases.
Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00
Meditate for 15 Min. Phil 3:8-14	Meditate for 15 Min. Dan 13:41c-62; John 8:12-20	Meditate for 15 Min. Num 21:4-9;John 8:21-30	Meditate for 15 Min. Dan 3:14-20	Meditate for 15 Min. Gen 17:3-9; John 8:51-59	Meditate for 15 Min. Jer 20:10-13; John 10:31-42	Meditate for 15 Min. 2 Sam 7:45, 12-14, 16

Lenten Calendar cont. March 2, 2022 - April 16, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
Challenge: Attend worship; perform an anonymous "Act of Kindness"	Challenge: Attend Bible Study. Be prayerful.	Challenge: Be kind to someone today. Remember and honor what you gave up for lent.	Challenge: Listen with your heart today. Honor what you gave up for Lent.	Challenge: Give Social Media a Break. <i>Fast from 6AM to 6PM</i>	Challenge: Let your tongue be a source of positivism. <i>Be kind today.</i>	Challenge: Avoid shopping/unncessary purchases. <i>Eat healthy today</i>
Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00	Lenten Gift: \$1.00
Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.
Romans 10:8-13	Philippians 4:6-7	Luke 6:31	James 1:19	Matt 7:7-12	1 Peter:3-10	Galatians 5:22-23
27	28	29	30	31	1	2
Challenge: Attend worship; Make a call to someone who didn't go to church today	Challenge: Listen with your heart today. Honor what you gave up for Lent.	Challenge: Skip lunch; encourage someone. <i>Honor your commitment for Lent</i>	Challenge: Listen with your heart today. Honor what you gave up for Lent.	Challenge: Commit a random act of kindness. <i>Fast from 6AM to 6 PM</i>	Challenge: Avoid gossip/ arguing/ profanity. <i>Honor your commitment for Lent</i>	Challenge: Avoid shopping/unncessary purchases. <i>No social media</i>
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2 Cor 5:17-21	John 5:1-16	Exo 32:7-14	Luke 11:14-23	Gen 17:3-9	Num 21:4-9	Ezek 47:1-9, 12
03	4	5	6	7	8	9
Challenge: Attend worship; perform an anonymous "Act of Kindness"	Challenge: Fast 6am-6pm; exercise 30 minutes. <i>Attend Bible Study</i>	Challenge: Be encouraging to someone. Remember to abstain from:	Challenge: Remember to be kind to someone today.	Challenge: Call/visit elderly relative/friend. <i>Fast from 6 AM to 6 PM</i>	Challenge: Remember to be kind to someone today.	Challenge: Be encouraging to someone. Remember to abstain from:
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Isa 43:16-21	Dan 13:41c-62;	John 8:21-30	Dan 3:14-20; John 8:31-42	John 8:51-59	Dan 3:14-20; John 8:31-42	Philippians 4:6-7

Lenten Calendar cont. March 2, 2022 - April 16, 2022

The last week of Lent begins with Palm Sunday, which celebrates Jesus' entrance to Jerusalem and people laid palm branches at his feet. The last day of Lent is Holy Saturday, the day before Easter Sunday.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
Challenge: Attend worship; perform an anonymous "Act of Kindness"	Challenge: Attend Bible Study. Be prayerful.	Challenge: Be kind to someone today. Remember and honor what you gave up for lent.	Challenge: Listen with your heart today. Honor what you gave up for Lent.	Challenge: Give Social Media a Break. <i>Fast from 6AM to 6PM</i>	Challenge: Let your tongue be a source of positivism. <i>Be kind today.</i>	Challenge: Avoid shopping/unncessary purchases. <i>Eat healthy today</i>
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Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.	Meditate for 15 Min.
Romans 10:8-13	Philippians 4:6-7	Luke 6:31	James 1:19	Matt 7:7-12	1 Peter:3-10	Galatians 5:22-23
17	18	19	20	21	22	23
Challenge: Attend worship; Make a call to someone who didn't go to church today						
Lenten Gift: \$1.00						
Meditate for 15 Min.						
2 Cor 5:17-21						
24	25	26	27	28	29	30